

Hutter Chiropractic Office Patient Newsletter

This newsletter is provided courtesy of Dr. Edward E. Hutter

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Feel better, look better, and make your body last longer! Let’s get you feeling better so that exercise and physical activity are fun again!



*“The Science of Chiropractic,
The Art of Caring”*

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**End of summer*

Well, Labor Day has come and gone. We had three wonderfully sunny days over the holiday weekend, which makes me feel as though I “got away” with something. For me it was like being on a second 3 day vacation this summer. Well it wasn’t really a full 3 days, Linda and I both did come in Saturday morning for a short period, but still, it was a wonderful few days.



My Labor- Day Sunday on East Beach

Labor Day also marked the end of our “Summer Spectacular” tailgate package contest. Everyone who came on over the summer had the opportunity to win the tailgate/ camping assortment. Those that made referrals for new patients had multiple chances to win. The bevy of prizes goes to our friend Christopher M.! Congratulations Chris! Chairs, table, EZ-up Shade, games, and Coleman portable gas grill. Just supply ice and a few hamburgers, and you’ve got the start on the makings of a party!

If your family is anything like mine, now that the schools are back in session, our

activities change from picnics, beach, and boating, to football, raking leaves, and apple picking. As always, if your new activities result in an injury or flare up of your old problems, don't "put up with it", give me a call! (572-1046)

The chances are good that I can help get you through the problem faster, with less discomfort and fewer residual problems!

***Discounted Care**

I know that many of you are still wrangling with new insurance limitations and higher deductibles. Please don't give up your healthy habit of "wellness care" just because your insurance won't cover it. We still have the "same day payment discount" for casual care, and a further reduction in our "wellness care" rates for those that schedule ongoing appointments where no diagnostic or additional therapy services are required. Staying well is always cheaper than repairing injuries!

***Happy Birthday!**

In the past we have been sending out a monthly birthday postcard inviting you to come over for a free birthday-month adjustment. I'm trying something different this month. I'm no longer sending out the monthly postcard. Instead, I'm throwing a Birthday Party, for you! It will be Saturday Sept 19, 2009 9am-12. You have probably already received my postcard in the mail. Regardless of which month you were born, or even if you have already received your annual birthday adjustment this year, come over and get adjusted. You can bring a friend and come join us for a morning of fun, celebration and improved health! I just ask that you call to schedule an appointment- I want to know how many people to expect, we want to be sure to have

enough staff, games, and birthday cake available for everyone!

The first 30 people to schedule an appointment on that day will receive a free Tee-shirt when they arrive for their adjustment.

Please note that as always- we are limited by the rule of Medicare- We CAN NOT offer free services to our Medicare patients. If you have Medicare, we can extend this invitation you to join us for birthday cake and fun- just no free services. Hey, if you think that is screwy, just wait until we get a nationalized health plan.

***Holidays**

I was looking at the calendar to see where the birthday celebration would fit. I noticed that September 19th is pretty close to the mid-point between July 4th and Thanksgiving! If you thought that the summer flew by, well that is the same time span between now and our traditional "Turkey Trot and Dip" on Thanksgiving morning. Are you going to join me this year? It is a 1 or 3 mile run or walk- your choice, followed by the always bracing "dip" in the Mystic River at Williams beach behind the YMCA. We generally get between 200-500 people participating each year. By my count we only have about 10 weeks to get ready for it. What is it going to take? Do you need to drop weight? Start a cardio program? Fix a chronic low back pain or a plantar fasciitis? You know we can help you with all these issues and more. You just have to ask.

That's all for now. I hope to see you at the office soon.

Happy Birthday!

Dr. Edward Hutter